

September 2020

Breakfast • Lunch • À la carte • Distance

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>B: Honey Nut Cheerios, fruit cocktail, juice, milk L: Chicken nuggets, BBQ sauce, oven fries, celery dippers, applesauce, milk A: Lasagna</p> <p>-----</p> <p>Distance Meals: B: Cinnamon Toast Crunch, fruit cocktail, juice, milk L: Chicken nuggets, baby carrots, celery dippers, applesauce, milk</p>	<p>B: Apple cinnamon muffins, yogurt, applesauce, juice, milk L: Taco salad, corn chips, salsa, golden rice, shredded cheese & lettuce, fresh grape tomatoes, peaches, milk A: Beef stroganoff</p> <p>-----</p> <p>Distance Meals: B: Mini bagels with cream cheese, applesauce, juice, milk L: Taco in a bag, shredded lettuce, fresh grape tomatoes, peaches, milk</p>	<p>B: Pancakes with strawberries & whipped topping, juice, milk L: Swedish meatballs, whole grain pasta, whole wheat dinner rolls, peas, baby carrots, pears, milk A: Cheesy joes</p> <p>-----</p> <p>Distance Meals: B: Maple burst mini pancakes with strawberries, juice, milk L: Turkey sandwich, cheese stick, fresh broccoli, baby carrots, pears, milk</p>	<p>B: Cinnamon roll, applesauce, juice, milk L: Stuffed crust pepperoni pizza, spinach greens salad, fresh cucumber slices, bananas, milk A: Vegetable soup, cookies</p> <p>-----</p> <p>Distance Meals: B: Mini cinnis, applesauce, juice, milk L: Stuffed crust pepperoni pizza, spinach greens salad, fresh cucumber slices, oranges, milk</p>
7	8	9	10	11
<p>B: Waffles, bananas, juice, milk L: Pizza hotdish, garlic bread sticks, spinach greens salad, fresh broccoli, pineapple, milk A: Sloppy joe</p> <p>-----</p> <p>Distance Meals: B: Blueberry mini waffles, bananas, juice, milk L: Swedish meatballs, whole grain pasta, whole wheat dinner rolls, peas, baby carrots, pears, milk</p>	<p>B: Maple pancake sausage, peaches, juice, milk L: Hot ham & cheese, oven fries, baby carrots, oranges, sherbet, milk A: Herbed chicken salad</p> <p>-----</p> <p>Distance Meals: B: Maple pancake sausage, peaches, juice, milk L: Ham & cheese sandwich, baked beans, baby carrots, oranges, milk</p>	<p>B: Blueberry muffins, yogurt, pears, juice, milk L: Chicken fajitas, shredded cheese & lettuce, salsa, golden rice, aztec black beans, apples, milk A: Spaghetti</p> <p>-----</p> <p>Distance Meals: B: apple cinnamon muffins, yogurt, pears, juice, milk L: Pizza hotdish, garlic bread sticks, spinach greens salad, fresh broccoli, pineapple, milk</p>	<p>B: French toast sticks, fruit cocktail, juice, milk L: Tomato soup, goldfish cracker, grilled cheese, celery dippers, bananas, milk A: Winter white chili, cookies</p> <p>-----</p> <p>Distance Meals: B: Mini French toast sticks, fruit cocktail, juice, milk L: Chicken fajitas, shredded lettuce, golden rice, Aztec black beans, apples, milk</p>	<p>-----</p> <p>Distance Meals: B: Mini cinnis, applesauce, juice, milk L: Peanut butter & jelly sandwich, baby carrots, V-blend juice, applesauce, milk</p>
14	15	16	17	18

This institution is an equal opportunity provider.

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>B: Belgian waffle sticks, oranges, juice, milk L: Tiger dunkers, garlic toast medallions, spinach greens salad, fresh grape tomatoes, pears, milk A: Vegetable beef soup</p> <p>-----</p> <p>Distance Meals: B: Frudels, oranges, juice, milk L: Pepperoni & cheese sticks, marinara sauce, spinach greens salad, pears, milk</p> <p style="text-align: right;">21</p>	<p>B: Breakfast pizza, bananas, juice, milk L: Beef gravy & mashed potatoes, onion dill rolls, green beans, applesauce, milk A: Ravioli</p> <p>-----</p> <p>Distance Meals: B: Breakfast pizza, bananas, juice, milk L: Grilled chicken sandwich, baked beans, baby carrots, bananas, milk</p> <p style="text-align: right;">22</p>	<p>B: Cinnamon peach muffins, yogurt, juice, milk L: Grilled chicken sandwich, shredded lettuce, baked beans, baby carrots, bananas, milk A: Sweet & sour meatballs</p> <p>-----</p> <p>Distance Meals: B: Blueberry muffins, yogurt, applesauce, juice, milk L: Beef gravy & mashed potatoes, onion dill rolls, green beans, applesauce, milk</p> <p style="text-align: right;">23</p>	<p>B: Cinnamon glazed French toast, bacon, juice, milk L: Oriental chicken with oriental rice & vegetables, celery dippers, orange & pineapple cups, fortune cookies, milk A: Vegetable soup, cookies</p> <p>-----</p> <p>Distance Meals: B: Mini French toast sticks, peaches, juice, milk L: Corn dog nuggets, fresh broccoli, baby carrots, fruit cocktail, milk</p> <p style="text-align: right;">24</p>	<p>-----</p> <p>Distance Meals: B: Mini bagels with cream cheese, pears, juice, milk L: Turkey sandwich, cheese sticks, jicama sticks, peaches, V-blend juice, milk</p> <p style="text-align: right;">25</p>
<p>B: Breakfast burrito, salsa, apples, juice, milk L: Super beef nachos, tortilla chips, shredded cheese & lettuce, salsa, golden rice, refried beans, milk A: Chicken gravy & mashed potatoes</p> <p>-----</p> <p>Distance Meals: B: Breakfast burrito, apples, juice, milk L: Oriental chicken with oriental rice & vegetables, celery dippers, orange & pineapple cups, fortune cookies, milk</p> <p style="text-align: right;">28</p>	<p>B: Scrambled eggs, toast, bananas, juice, milk L: Chicken strips, cream gravy, mashed potatoes, whole wheat dinner rolls, baby carrots, pears, milk A: Chili</p> <p>-----</p> <p>Distance Meals: B: Honey Nut Cheerios, pears, juice, milk L: Hot dog, baked beans, baby carrots, oranges, milk</p> <p style="text-align: right;">29</p>	<p>B: Biscuits & sausage gravy, fruit cocktail, juice, milk L: Spaghetti, garlic bread sticks, spinach greens salad, fresh grape tomatoes, peaches, milk A: Burritos</p> <p>-----</p> <p>Distance Meals: B: Frudels, fruit cocktail, juice, milk L: Hamburgers, fresh grape tomatoes, fresh cauliflower, fresh pears milk</p> <p style="text-align: right;">30</p>		